

# WMACSA NEWSLETTER

Volume 2010-2011

Issue No. 12

January 2011

President - George Stallings  
Secretary - Martin Wetzler

Vice President - Monique Wall  
Treasurer - Mike McCaffrey

Chief Technical Officer - Bruce Donato



Washington Metropolitan Area Construction Safety Association – PO Box 524 – College Park, MD 21045–2801  
Membership application available at WMACSA's website ([www.wmacsa.com](http://www.wmacsa.com)), at the door and attached to this newsletter

## January's Meeting Preview

~ Topic ~

**Contractor Relationships;  
Walter Reed Case Study**

~ SPECIAL ~

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John Strong of Clark Construction will be discussing Contractor Relationships; A Walter Reed National Medical Center Case Study.



Walter Reed National Military Medical Center

**Meeting starts at 5:00 P.M.**

**Date:** January 12, 2011 (second Wed. of Month)

**Time:** 4:00 to 4:45 PM – Executive Board Meeting

5:00 to 6:00 PM – Monthly Business Meeting

6:00 to 6:30 PM – Dinner (Buffet style)

6:30 to 8:30 PM – Guest Speaker presentation  
and Prize drawings

**Where:** Clarion Inn – College Park

8601 Baltimore Avenue

College Park, MD

**Cost:** \$23 per person with reservations  
(\$23 at door)

**Dues:** \$10 per year (September to June)

**Reminder:** Non-members are welcome, but WMACSA is charged by the Clarion Inn for each person in the room, and therefore we must in turn ask that everyone in attendance pay the \$23 charge. The charge includes a facility fee as well as the cost of dinner. Thanks for your cooperation and understanding.

### Directions to Meeting

- Take 495/95 Towards College Park, MD
- Take exit 25B, Route 1 (Baltimore Avenue) towards College Park for 1.4 miles.
- After crossing over University Boulevard get in the left lane.
- After passing the traffic light at Greenbelt Road, look for the Clarion Inn.
- Turn into the parking lot on Berwyn Road
- See you on the 2nd floor!

**BRING A GUEST**

**AND**

**YOUR GUEST WILL HAVE DINNER ON WMACSA!**

**(RSVP required, please)**

*Limit: One free guest per member per meeting*

## December Meeting

### Highlights

Last month WMACSA celebrated the holidays and the coming of the New Year in our MIXER EXTRAVANZA and a TOYS FOR TOTS drive. WMACSA collected 110 toys!!!

Both Master Sergeant McClinton and Private First Class Tony Ramirez of the United States Marine Corp accepted the toys with gratitude. We want to thank the both for attending our meeting and for their brave service with the US Armed Service.

### January Sponsor

**GUARDIAN**  
FALL PROTECTION

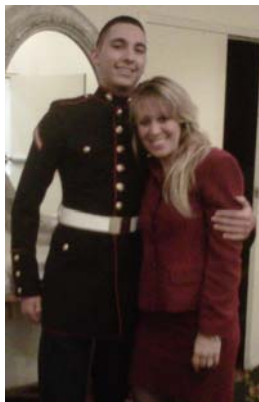
PERFORMANCE SAFETY GEAR

In performing dynamic 6 foot drop tests on energy absorbing lanyards, ANSI Z359.1-2007 specifies that the maximum arrest force shall not exceed 900 lbs (4kN) and the energy absorber shall not elongate more than 42" using a 220 lb (100kg) test weight.

In the new ANSI standard (Z359.13-2009), the 6 foot drop test specifies that the AVERAGE arrest force shall not exceed 900 lbs (4kN) and the maximum arrest shall not exceed 1,800 lbs (8kN). The energy absorber shall not elongate more than 48" using a 282 lb (128kg) test weight.

All drop testing requires a minimum sampling rate of test data to be 1,000 samples per SECOND as stated in ANSI Z359.13-2009 section 4.1.4.

Here at Guardian Fall Protection, we work hard every day to keep your workers safe on the job!



Private First Class Tony Ramirez and Christine DeNardo of Metropolitan Safety



### Other Announcements

Please forward job openings that you would like WMACSA to share with the membership to Bruce Donato at [bdonato@kafirstaid.com](mailto:bdonato@kafirstaid.com).

If you have a special announcement or know someone who deserves special recognition, please contact a WMACSA Board Member so we can include the information in the next newsletter.

## December's

### Business Meeting

- **George Stallings**, President, brought the meeting to order at 5:00pm and members/guests were introduced. He also introduced December's sponsor Christine DeNardo with Metropolitan Safety.
- **Mike McCaffrey** Treasurer presented the current income / expense reports, balance sheets and CD account.
- **Martin Wetzler** Secretary reviewed last month's meeting minutes. He reminded members that CEU certifications are ready and must be picked up prior to the end of the meeting or will be thrown out.
- **Monique Wall** Vice President spoke about the Professional Development Conference (PDC). A brief summary of current meeting sponsor were described as well as available slots.
- **Bruce Donato**, Webmaster, reminded all members to forward job announcements to him self for EMAIL broadcast as well as to publish on the WMACSA web site. Additional online storage is FREE.

Members are encouraged to PLEASE RSVP for future business meetings so there will be enough room reserved. Also please consider using Paypal to pay for WMACSA meetings/dinner/raffle.

!!! SAVE THE DATE !!!

- What: 2011 Professional Development Conference
- When: Thursday 5/12/11
- Where: Johns Hopkins University Rockville Campus
- \*\*\*\*\*Next to Shady Grove Hospital\*\*\*\*\*



**WMACSA Membership Application  
2010 - 2011  
The Construction Safety Answer!**

Official Use Only Do Not Write

Tres: \_\_\_\_\_

Sec: \_\_\_\_\_

New  Renewal

Mail-in  Speaker

Date: \_\_\_\_\_

Are you interested in learning about construction safety but don't know where to go. WMACSA is a virtual who's who of local industry professional interested in construction safety. Whether you're a safety pro, foreman, superintendent, PM, insurance rep, owner, consultant, legal pro, student or just have an interest in construction safety, WMACSA, the Washington Metropolitan Area Construction Safety Association is the place to go. Monthly dinner meetings are held 5:00 p.m. the second Wednesday of the month at the Clarion Inn in College Park, MD. Annual dues are only \$10 so you can't go wrong.

For more info visit our website <http://www.wmacsa.com> or Call George Stallings WMACSA President at 703-431-6041 or complete the registration form below and bring it to our next meeting. Meetings are held September through June annually. See you there!

Member Year 2010/2011

Please Print or Type

Name: \_\_\_\_\_

Membership # \_\_\_\_\_ (will be assigned for first time members)

E-mail: \_\_\_\_\_

Home Address: \_\_\_\_\_

\_\_\_\_\_

Employer: \_\_\_\_\_

Title: \_\_\_\_\_

Work Address: \_\_\_\_\_

\_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

**Newsletters are E-mailed.**  
Make checks payable to WMACSA

**WMACSA  
PO BOX 524  
College Park, MD 20741**